

A decorative graphic in the background consisting of a central light orange circle, four overlapping light purple circles forming a larger circle, and four light teal petal-like shapes pointing outwards from the purple circles.

Protecting Trans and Non-binary Youth

How to serve them as they are

Expectations

- Everyone is here in good faith
- Hold the stories, spread the knowledge
- “Brave Space”
- Sit in your discomfort



Hi, I'm Erin
(they/them)

Vocab

Man

The fun zone

Woman



- Trans, Transgender- someone whose gender identity doesn't align with their sex assigned at birth
- Cisgender- someone whose gender identity aligns with their sex assigned at birth
- Gender Identity- a person's knowledge of their own gender
- Non-binary- people whose gender identity falls outside the "man" and "woman" binary
- Gender Fluid- someone whose gender identity or expression changes day to day
- Gender Non-conforming- someone whose gender expression does not match the societal expectation of their gender identity

Vocab (cont.)

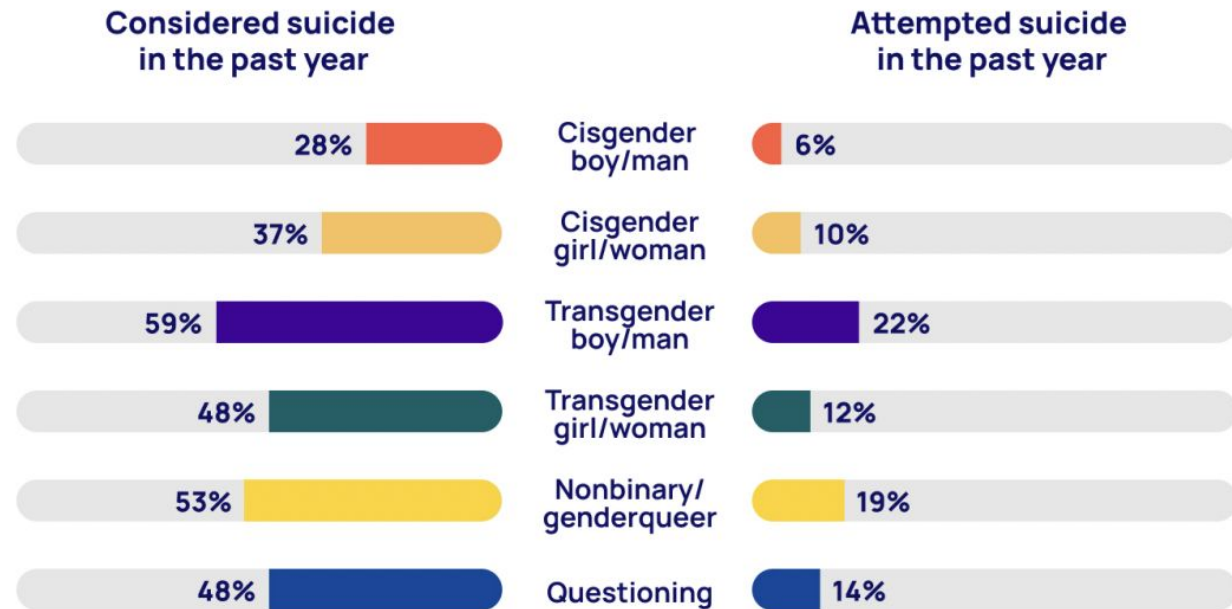
- Sexuality- physical, sexual, or romantic attraction to another person
- AFAB- assigned female at birth
- AMAB- assigned male at birth

Trans kids are
not safe

Statistics

- <https://www.thetrevorproject.org/survey-2022/>

Rates of considered and attempted suicide among LGBTQ youth by gender identity



Statistics (cont.)

- 93% of transgender and nonbinary youth said that they have worried about transgender people being denied access to gender-affirming medical care due to state or local laws
- 91% of transgender and nonbinary youth said that they have worried about transgender people being denied access to the bathroom due to state or local laws.
- 83% of transgender and nonbinary youth said that they have worried about transgender people being denied the ability to play sports due to state or local laws.
- 37% of transgender and nonbinary youth reported that they have been physically threatened or harmed due to their gender identity.

Stats: Indiana focused

- As of September 2020, Indiana was home to 43,000 LGBTQ+ youth ages 13 to 17; **7.8%** of this population is comprised of transgender youth (3,350)
- 71% or about 3 out of 4 LGBTQ+ students in Indiana experienced at least one form of anti-LGBTQ+ discrimination at school during the past year.
- 39% of Indiana LGBTQ+ students and **73%** of transgender students were **unable to use the school bathroom aligned with their gender.**
- 55% of Indiana's transgender students and 31% of LGBTQ+ students were prevented from using their chosen name
- <https://www.iyi.org/data-report-supporting-lgbtq-youth-in-indiana/>

Stats: Indiana Focused (cont.)

- **31%** of transgender individuals in Indiana indicated those who have seen a health care provider in the past year shared they had one **negative medical experience related to being transgender**, such as verbal harassment, refusal of treatment, or having to teach the health care provider about transgender people to receive appropriate care

Indiana Laws

Education Law: HB1608

- No Human Sexuality discussion with children in grades prekindergarten to third grade
- Requires a school to notify in writing at least one parent if student requests to change their name or pronoun, title, or word to identify themselves
- Important Note (via The Trevor Project): 17% of minors have been threatened or subjected to conversion therapy by their guardians

Healthcare Law: SB 480

- Prohibits a physician or other practitioner from:
 - knowingly providing gender transition procedures to an individual who is less than 18 years of age (minor)
 - aiding or abetting another physician or practitioner in the provision of gender transition procedures to a minor

...what can I do about it?



Individual

- Introduce yourself with your pronouns
 - Email signature
 - Nametags
 - DO NOT expect others to share theirs- you don't know where they are on their journey!
- Use people's preferred names/pronouns
- Malicious compliance (HB1608)
- Join advocate groups like Protect our People



Family

- Model respectful engagement
- Talk to your children and family about trans people
- Go to events where trans people are speaking on their experience
- Watch shows and movies with trans actors
- Encourage your family and friends to explore their gender in age-appropriate ways
 - No “girl’s toys” or “boy’s clothes”
 - Play dress up, switch roles in make-believe play



Group/Community- Social/Religious

- Set goal to reach out to trans youth where they are and invite them in
 - Only do this once internal bias is dealt with
- Set standards of care for trans youth and their families
- Lead by example for other groups/communities



Organization- Occupation

- Continuing education on LGBTQ+ rights, issues, and joy
- Make spaces and choose wording that intentionally include trans and nonbinary youth
 - No more “he/she”- just say they!
- Don’t gender your dress code



Society

- Write/call/email your representatives about opposing legislation
- Attend town hall and school board meetings
- Vote
- Uplift voices of trans teens and young adults who speak about these issues



What Else?



Tandem

- Puberty to Menopause
- Small, private
- Trauma-informed
- Whole person care

